

**Tactical Air Control Party Officer
(TACP-O)
Assessment and Selection
(A&S)**

APPLICATION PROCESS



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Summary of Changes:

- Added clarification of common medical disqualifications and updated standards to reflect MSD dated Dec 2020.
- Updated PAST worksheet and instructions
- Updated deadlines for Phase I application and Phase II execution dates for FY22

1. OVERVIEW

Introduction. Thank you for your interest in the TACP officer career field, Air Force Specialty Code (AFSC) 19ZXB. This document outlines the application procedures for becoming a TACP-O. Applicants familiar with earlier versions of this package should review this document carefully as it undergoes frequent revision. General information about the career field can be found by searching for Special Warfare Officer at <https://www.airforce.com> or by emailing 6CTSDET2.TACP.OFFICER@US.AF.MIL.

Career Field Description. The TACP-O specialty integrates joint fires during joint and multinational operations. TACP-Os develop joint fires support plans in the course of the targeting cycle to maximize lethal and nonlethal effects during deliberate and dynamic targeting. They participate in target product development, weaponing, collateral damage estimation, provide assessment of munitions effectiveness and battle damage, and deliver reattack recommendations. As joint leaders and the direct representatives of the Combined/Joint Force Air Component Commander, they are the primary Air Force advisors to US Army, joint, multinational and special operations ground force commanders for the integration of air, space, and cyberspace power. They plan, request, coordinate, and control Close Air Support as Joint Terminal Attack Controllers (JTAC). They synchronize and integrate combat airspace, artillery, naval gunfire and intelligence, surveillance and reconnaissance (ISR). They may also assign aircraft to ground force immediate requests for air support when serving in the Air Support Operations Center (ASOC). They provide command and control of air-ground operations within their assigned ground force operations area. Furthermore, they lead, plan, organize, and supervise day-to-day TACP Weapon System activities in-garrison and forward deployed. As Special Warfare Officers, they operate under the most austere conditions for extended periods, independent of an established airbase or its perimeter defenses. When deployed with tactical ground forces, they employ small unit tactics, conduct close quarters battle, casualty collection, vehicle operations, and prepare deployed sites. TACP-Os are aligned with Army Airborne or Air Assault units will be required to complete and maintain the appropriate qualifications.

2. CAREER FIELD ELIGIBILITY

The demanding nature of the career field presents challenges on day one, requiring exceptional leadership qualities to ensure success. Maturity, strong analytical decision making, physical fitness, mental agility, professionalism, interpersonal skills, tactical and technical proficiency are prized traits of a TACP-O. Eligibility criteria for males and females are listed below:

- Security clearance: Applicant must be eligible to obtain a Top Secret clearance
- Retention: 6-year active duty service commitment upon completion of training pipeline
- Volunteer for Hazardous Duty (JTAC and static-line parachuting)
- Background: Outstanding resume and no negative personal history
- Medical: completion of a Special Warfare Airman (SWA) medical examination. Medical requirements are codified in the Medical Standards Directory (see AFI 48-123) and can be completed by contacting an Aerospace Medicine Specialist/Flight Surgeon
- Physical Fitness: At a minimum, candidates must satisfactorily complete the minimum scores on the Physical Ability and Stamina Test (PAST) *Updated January 2021
- Each candidate must complete and maintain the requirements for Special Warfare Officer, TACP Officer duty as detailed in the Air Force Officer Classification Directory dated Apr 2020 (pg. 88), to include completion of the TACP Officer training pipeline. Failure to complete all training requirements will result in AFSC reclassification in accordance with USAF instructions.

Upon completion of the TACP Schoolhouse/ALO Basic (Course # L3OBR19Z1), you will incur a 72 month (6 year) Active Duty Service Commitment in accordance with AFI 36-2107.

3. TACP OFFICER APPLICATION PROCEDURES.

TACP-O A&S is conducted four times annually and designed to identify candidates with the highest potential for success in pipeline training and at the operational units. Each cycle has two phases: Phase I and Phase II. In Phase I, the 6 CTS/Det 2, Chief of TACP Officer Accessions, organizes and conducts a board to select the top applicants. These applicants are invited to attend Phase II Selection, called the TACP Officer Phase Two (TOPT). Candidates must be able to attend TOPT as scheduled. Candidates selected during the Phase I board who are unable to attend

TOPT may be rescheduled if slots are available at a later date. Assessment cycles for Fiscal Year (FY) 22 are:

Assessment	Phase One Applications Due:	Phase Two Execution
22-1	03 Sep 2021	13-20 Nov 2021
22-2	03 Dec 2021	12-19 Feb 2022
22-3	04 Mar 2022	14-21 May 2022
22-4	08 Jul 2022	17-24 Sep 2022

Note. Phase two dates subject to change

TOPT is a one-week evaluation assessing each candidate's aptitude to complete the training pipeline and perform the duties of a TACP Officer. Receiving an invitation to TOPT means the Phase I selection board would like to take a closer look at a candidate's potential to become a TACP Officer. Your decision to attend is voluntary and non-binding. Candidates must attend TOPT in TDY status, which is normally funded by Air Combat Command (ACC). Being selected at TOPT means the selection board has approved your entry into the career field and pipeline training. All candidates are informed of their status (select – pending verification that candidate meets SWA medical standards, non-select.) prior to departure of TOPT.

AFROTC/USAF Academy Cadets: Cadets should submit a Phase I package before they are classified in another AFSC, ideally, at least 12-18 months before forecasted commissioning date. ROTC cadets must have successfully completed Field Training before applying. ROTC and USAFA cadets should apply during their junior year, however, senior cadets are not prohibited from applying. All ROTC and USAFA candidates who have been selected for an AFSC should coordinate with AFPC/DP2LT at AFPC.DP2LT.Workflow@us.af.mil to ensure release eligibility. You won't lose your current AFSC unless/until you are selected for the TACP Officer career field following TOPT.

Inter-service Transfers (IST): Prospective applicants should first reference AFI 36-2004, *Inter-service Transfer of Officer* and the Air Force Personnel Center's IST information website: <https://www.afpc.af.mil/Career-Management/IST/>. Bear in mind that selection at TOPT does not guarantee an approved inter-service transfer; the processes are independent of each other. Those seeking IST are encouraged to wait until they are selected before submitting official IST paperwork for their service. For additional information, contact 6 CTS/Det 2, TACP Officer Assessment and Selection (TACP OFFICER A&S) at 6CTSDet2.TACP.OFFICER@US.AF.MIL.

Officer Training School (OTS): Enlisted applicants will first submit their Phase 1 application to the TACP Officer Phase 1 Board along with a separate document containing the TACP OTS Checklist for records review. Candidates will not apply directly to OTS. Candidates **MUST** apply through the TACP OFFICER A&S application process to be considered for this career field. If selected, you will be required to submit all documentation and meet all requirements to attend OTS. Instructions, templates, and references can be found on the Air Force Portal at: <https://www.my.af.mil/Application for OTS Commission>

Active Duty USAF: One-year Time on Station (TOS) is required prior to PCS. Applicants do not require release from their career functional managers to apply for Phase I. Any Airman who meets the eligibility criteria and initial qualification requirements will be released from their current career field to pursue crossflow/retraining regardless of manning levels within their current career field. In the event the trainee is not selected from TOPT, he/she will be reinstated into his/her prior career field.

Civilians: Civilians may now apply to become a TACP Officer through the Special Warfare Airman Program (SWAP) and will apply through an Air Force Special Warfare Recruiter (SWR). It is Air Force policy that civilian college graduates and civilian college seniors within 12 months of graduation from an accredited school will be eligible to be placed on active duty under the SWAP for the purpose of completing Phase II selection process if the civilian completes Phase I of the TACP Officer Selection process. The SWR and SWAP program manager is responsible for gathering and submitting TACP OFFICER A&S documents. After successful completion of Phase II, the SWAP participant will remain contracted in SWAP and will attend Officer Training School (OTS) prior to beginning initial skills training. Individuals interested begin the process by contacting an active duty Air Force Special Warfare Recruiter (SWR) in their local area. Civilian recruits must meet the following criteria to be eligible:

- Be between 18 and 39 years of age at the time of commissioning
- Possess a minimum 2.5 GPA on a 4.0 scale for all college-level studies, as well as their academic major, and be in good academic standing (i.e. not be on probation at time of enlistment)
- Attain a minimum score of 15 on the verbal and 10 on the quantitative sections of the AFOQT. No exceptions to policy will be entertained for scores that do not meet the minimum requirements.
- Provide, through his/her school, official transcripts of his/her completed course work. College seniors must provide an official letter from the school, certified by the university/college registrar, indicating courses taken by academic term, which verifies degree to be awarded and graduation to coincide with the SWAP. College graduates must provide a copy of his/her college graduation degree and certified copy of official transcripts from the university/college registrar.
- Those selected at Phase II, will have to complete Officer Training School (OTS) prior to beginning TACP OFFICER training. Phase II selection does not guarantee acceptance into OTS. The OTS application process is separate from Phase I and Phase II. The SWR and/or SWAP Program Manager will provide the application, information and requirements needed at the conclusion of Phase II.

Interested civilians should contact the SWAP Program Manager @ 330RCS.OL-E.BASP@us.af.mil for further details.

Required documents for SWAP applicants are detailed in Annex A. Additional documents may be required. Questions about the SWAP process should be directed to your SOR or 330RCS.OL-E.BASP@us.af.mil.
6 CTS/Det 2 only conducts the Assessment and Selection portion of the recruiting process.

First-Time Non-Selects: Candidates who attend TOPT (formerly known as AAA) but are not selected are not guaranteed any invitation in future selection cycles. If the assessment cadre identify deficiencies/weaknesses that they would like to see corrected before accepting you into the TACP community, you must submit an updated application that addresses those deficiencies. You may elect to use the same recommendations, but all other information should be updated appropriately, and you must accomplish a new PAST.

4. PHASE I

Phase I applications are due by the date specified in paragraph 3. An application may be sent any time, but once received it will be submitted for the next available board. Det 2, 6 CTS leads the Phase I selection process, which is conducted by a board of current 19ZXBs and senior enlisted TACPs.

All candidates will receive an email notification after conclusion of the Phase I board to inform them of their selection status—if an applicant does not receive notification, then the applicant may request a status update. **FEEDBACK ON PHASE I PACKAGES WILL NOT BE PROVIDED.** Detailed feedback is a time-consuming process, and since packages are boarded against all other applications, highly qualified applicants are often not selected due to intense competition. If you are not selected, review your application, improve your PT scores, edit any personal statements and leadership recommendations and re-apply. Example packages or detailed descriptions of what to write will not be provided.

5. PHASE II (TOPT)

TACP Officer candidates will participate in activities that will test their physical and leadership abilities for the purpose of determining if they have the potential to command and operate as Special Warfare Airmen in the complex and fluid Joint combat environment. TOPT is a rigorous assessment program that introduces stress inoculation into leadership evaluations, problem solving events, ruck marches, running for distances up to 8 miles, and strenuous physical fitness events. Candidates are also assessed through a battery of psychological testing and interviews and gauged on their ability to present scenario-based briefings in a high stress environment. To best prepare for the physical and mental rigors of TOPT and the 19ZXB AFSC, prospective candidates should be in top physical condition prior to attending. The entry-level ruck march standard is 4 miles in 60 minutes with a 45 lb. ruck sack, conducted in utility uniform (e.g. ABU, OCP), boots, combat helmet and M-4 training rifle. TACP Officer is a volunteer career field; as such, applicants may remove themselves from consideration at any time.

Your performance will be evaluated as a team member and as an individual. You will be pushed physically and mentally beyond your comfort zone to assess those critical attributes in adverse situations. The cadre will observe and take notes on everything you do, as you will be expected to perform to the best of your ability in all events.

These observations will be the basis for a selection recommendation and long-term analysis. The data will also be used to provide critical feedback to enhance your personal and professional growth.

There are four ways to be dismissed during TOPT. (1) Failure to pass the PAST during TOPT is grounds for immediate dismissal. (2) Medical disqualification resulting from a medical assessment to determine your ability to safely continue TOPT. (3) Self-Initiated Elimination (SIE) means that you no longer wish to continue in the assessment. (4) Lastly, Quitting by Action (QBA) is a policy that allows the cadre to issue warnings during an assessment event, for candidates demonstrating a lack of motivation or effort to continue or perform at the required level of effort. Exceeding the maximum QBA warnings are grounds for removal from the assessment. If a candidate SIE's or QBA's, he/she will not be considered for any future TACP Officer assessment.

Candidates should be prepared for the following:

- Extensive psychological testing and interviews
- Briefing and writing skills evaluations
- Problem solving events
- Leadership ability evaluations
- Ruck marches
- Running
- Calisthenics sessions of various exercises

Those selected at TOPT will be scheduled for the TACP Officer Initial Skills training pipeline, pending verification that candidate meets SWA medical standards. All TACP Officer Trainees may receive PCS orders to Lackland AFB, Chapman Training Annex. This assignment could be accompanied for married trainees. TACP Officer Initial Skills training begins with the TACP Officer Prep Course, followed by the TACP Officer Basic Course at Lackland AFB, TX (Chapman Training Annex); the Joint Firepower Course (JFC) and Basic ALO Skills Course (BASC) at Nellis AFB, NV, Air Force SV-80 Survival School (SERE) at Fairchild AFB, WA, Formal Training Unit Course – Phase I/II, JBSA Camp Bullis, TX/ Nellis AFB, NV, and Basic Airborne Course at Fort Benning, GA, and follow-on combat mission readiness training at various locations. (Subject to change based on mission requirements.)

TACP Officer Phase I Application Instructions & Example

PHASE I APPLICATION INSTRUCTIONS

Proof read your application for accuracy, format, grammar, and spelling. In Phase I, the selection board relies solely on information and impressions made through your application. Incomplete or poorly crafted applications reflect the applicant's professionalism. As a rule, successful Phase I applications are concise, easy to understand, and are not filled with extraneous information and platitudes. Your success in the TACP community begins with this application.

The application will include the following in this order:

1. TACP Officer Candidate Data Summary (version 22)
 - a. USAFA cadets must obtain Air Officer Commanding (AOC) and Group AOC (no higher) endorsement in block 14 and 15 of the Candidate Summary Sheet.
 - b. AFROTC cadets must obtain Commandant of Cadets (COC) and detachment commander's endorsement in block 14 and 15 of the Candidate Summary Sheet
 - c. Officer/Enlisted (OTS) candidates should obtain squadron and group commander (or equivalent) endorsement in block 14 and 15 of the TACP Officer Candidate Summary Sheet.
2. Hazardous duty volunteer statement
3. Medical Clearance:
 - a. Active Duty/ANG/AFRC: AF Form 2992 or 422 stating that the applicant meets the physical requirements for Special Warfare Airmen (SWA) duties, is preferred. However, a records review by a Flight Surgeon will be sufficient prior to TOPT Phase II. **Records review must be documented in an official memorandum with the mandatory statement below. Active Duty AF/ANG/AFRC personnel selected at Phase II will not proceed to initial skills training without completion of AF SWA medical examination and verification that they meet SWA medical standards.**
 - b. ROTC: Cadets who do not have access to a local flight surgeon are exempt from obtaining the SWA physical for Phase I and will instead submit a DoDMERB (**DoDMERB does not have to be within 18 months**). **Once notified of invitation to Phase II, ROTC cadets who have not already done so must initiate the appropriate AF SWA physical examination IAW the requirements for Special Warfare Airmen (SWA) duties. ROTC cadets selected at Phase II will not proceed to initial skills training without this mandatory physical and verification that the Cadet meets SWA medical standards.**
 - c. USAFA: AF Form 2992 or 422 stating that the applicant meets the physical requirements for Special Warfare Airmen (SWA) duties, is preferred. However, a records review by a Flight Surgeon will be sufficient prior to TOPT Phase II. **Records review must be documented in an official memorandum with the mandatory statement below. Once notified of invitation to Phase II, cadets who have not already done so must initiate the appropriate AF SWA physical examination IAW the requirements for Special Warfare Airmen (SWA) duties. Cadets selected at Phase II will not proceed to initial skills training without this mandatory physical and verification that the Cadet meets SWA medical standards.**
 - d. IST: A records review by a US Army or Navy Flight Surgeon documented in an official memorandum with the required statement below (following page). **IST officers selected at Phase II will not proceed to initial skills training without completion of AF SWA medical examination and verification that they meet SWA medical standards.**

Mandatory statement from AF/Army/Navy Flight Surgeon:

“Based on full record review, member is medically qualified for continued enlistment, commissioning and cleared for worldwide duty in AFSC 19ZXB, TACP Officer. The member does not have an assignment limitation code and is not in the process of meeting a medical evaluation board (MEB). Member has/has not had PRK or Lasik surgery. Surgery date was on _____,” (if applicable).

Or

“Based on full record review, member is medically qualified for continued enlistment, commissioning, but requires the following waivers for worldwide duty in AFSC 19ZXB, TACP Officer:

The member does not have an assignment limitation code and is not in the process of meeting a medical evaluation board (MEB). Waiver has been submitted on _____. Member has/has not had PRK or Lasik surgery. Surgery date was on _____,” (if applicable).

4. Endorsed Physical Aptitude Stamina Test (PAST)
5. Performance History Documents:
 - a. Active Duty/ANG/AFRC: Last three OPRs or EPRs (as applicable).
 - b. ROTC/USAFA: In-Garrison Training/Field training reports or other Available training reports
 - c. IST: Last three Service Branch specific performance reports
 - d. SWAP: Three Letters of Recommendation and OTS Applicant Data Sheet or Resume
6. Active Duty OTS Candidates only: All additional documents as required by Commissioning Eligibility Checklist
7. Candidate Data_Import Format (as a separate attachment to the email, excel format)

Scan all documents into a *single* pdf file with the following naming convention: **lastname_firstname_selection-number_TACP OFFICER** (e.g. norris_chuck_21-2_TACP OFFICER). If you are unable to scan all documents into one, consolidate as much as possible using the above naming convention for the applicable selection cycle. Email completed, signed and encrypted TACP Officer Candidate application packages to: johnathon.korenek@us.af.mil and 6CTSDET2.TACP.OFFICER@US.AF.MIL. If unable to send an encrypted email, do not include PII (e.g. social, birthdate) in the application. Large files can be sent encrypted using the DoD Safe file transfer application. If the document is locked in this application, a separate email including the user-generated pass phrase must be sent in order for us to retrieve the file.

USAFA/ROTC cadets will not submit their own applications. All cadets will submit through their current detachment/unit leadership. 6CTS/DET2 will confirm receipt of your application. Please allow a minimum of 48 hours for processing. If not received, contact 6CTS/DET2 as soon as possible at email johnathon.korenek@us.af.mil and 6CTSDET2.TACP.OFFICER@US.AF.MIL.

Additional Notes: Candidates are also encouraged to contact a current 19ZXB TACP Officer for mentoring and to become familiar with the duties and responsibilities of a TACP Officer. 19ZXB mentors will be assigned by 6 CTS/Det 2 via email only if specifically requested. If you know a TACP Officer or have reached out through another means such as the 19ZXB Facebook group, do not feel obligated to submit a request for a mentor.

Applicants are reminded to review AFI 33-332, Privacy Act Program: (1) paragraph 7.3, *Sending Personal Information over Electronic Mail*, (2) *Using Privacy Act Labels*, paragraph 10.2.2., and (3) Chapter 12, *Disclosing Records to Third Parties* and, (4) DoD 5400.7-R/AF Sup, *DoD Freedom of Information Act (FOIA) Program Chapter 4, For Official Use Only (FOUO)* program and paragraph 4.2.1, *Location of Markings* and ensure you protect any Personal Identifying Information (PII) prior to transmission.

Example Only – Current Candidate Data Summary Attached

TACP OFFICER CANDIDATE DATA SUMMARY (v22)

(See Instructions on Page 2)

AUTHORITY: 10 U.S.C., Armed Forces, 8013, Secretary of the Air Force, and EO 9397.

PRINCIPLE PURPOSE(S): Used to apply for Air Liaison Officer duties; and to determine if applicant meets course prerequisites and is qualified for the course he has applied. May be used by TACP Officer Selection Board officials to consolidate training and applicant data during the selection process.

ROUTINE USES: None.

DISCLOSURE IS VOLUNTARY: Failure to provide the information or SSN may delay individual the opportunity to attend the required course.

PRIVACY ACT OF 1974 APPLIES – FOR OFFICIAL USE ONLY

I. APPLICANT DATA		DATE	Previous Application For 19ZXB (Month / Year)
1. NAME / RANK (<i>First, Middle Initial, Last</i>)		2. SSN	
3. DATE OF BIRTH		4. CELL/HOME PHONE (<i>Commercial</i>)	
5. WORK ADDRESS and EMAIL ADDRESS			
6. ACTIVE DUTY DATA			
a. DATE OF RANK	b. DUTY TITLE and/or AFSC	c. TAFCSO (Total Active Federal Commissioned Service Date)	
d. UNIT AND DUTY STATION		e. AERONAUTICAL RATING (Military)/DATE AWARDED	
f. DUTY PHONE (DSN)	g. COMMANDER'S NAME AND RANK		
h. COMMANDER'S PHONE	i. COMMANDER'S EMAIL		
II. ACADEMIC DATA –CURRENT OFFICERS USE UNDERGRAD DEGREE ALREADY AWARDED			
7. ACADEMIC INSTITUTION		8. ACADEMIC MAJOR	9. GRADUATION DATE (or expected)
10. CUMULATIVE GPA	11. PHYSICAL FITNESS	a. USAF FITNESS SCORE (Mandatory)	b. ARMY FITNESS SCORE (if applicable)
III. SPECIALIZED SKILLS OR EXPERIENCE – LIST BELOW (e.g., Airborne, Ranger, Combat Deployments, Certifications)			
12. LIST COURSES AND/OR EXPERIENCES HERE. CADETS AND CIVILIAN APPLICANTS MAY INCLUDE WORK HISTORY AND OTHER RELEVANT CERTIFICATIONS, AFFILIATIONS, OR ACCOMPLISHMENTS.			
IV. APPLICANTS REMARKS			
13. REMARKS			
DATE	TYPED NAME AND GRADE OF APPLICANT		SIGNATURE

PAST RESULTS

3MI RUN TIME (22:00)

PULL UPS (12)

PUSH UPS (64)

SIT UPS (75)

25M UNDERWATER SWIM (GO/NO-GO)

500M SWIM TIME (12:30)

RECOMMENDATION

14. SQUADRON COMMANDER COMMENTS (OR EQUIVALENT)

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DATE	TYPED NAME, GRADE, DUTY TITLE, AND ORGANIZATION	SIGNATURE
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15. ENDORSEMENT FROM GROUP COMMANDER (OR EQUIVALENT) – *NOT TO EXCEED SENIOR RATER*

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DATE	TYPED NAME, GRADE, DUTY TITLE, AND ORGANIZATION	SIGNATURE
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INSTRUCTIONS

ITEM

- 1 Thru 6 - Self-explanatory. Enter N/A as appropriate.

- 7 Thru 10 - Self-explanatory. Current students enter expected graduation date and complete AFRS Form 1413 (Not required for USAFA and ROTC Cadets)

- 11 - Self-explanatory. Enter N/A if Army Fitness Test has not been accomplished.

- 12 - Self-explanatory. Must have official certificate issued from US Air Force or US Army(attach)

- 13 - Applicant remarks. Two paragraphs maximum using normal sentences (no bullet statements). Paragraph 1 will explain applicant’s background and perceived strengths and weaknesses. Paragraph 2 will explain why applicant wants to become an Air Liaison Officer, and why this career field is right for him/her.

- 14 - Must be completed by the applicant’s current Squadron Commander, Commandant of Cadets, or CS AOC, or equivalent, in sentence format. First sentence should read, “THIS APPLICANT IS RANKED NUMBER _____ of _____”. Provide a stratification of the applicant against peers at that unit/institution.

- 15 - Must be completed by applicant’s current Group Commander, Detachment Commander, Group AOC, or equivalent (not above senior rater) in sentence format. First sentence (if applicable) should read, “THIS APPLICANT IS RANKED NUMBER _____ of _____”. Provide a stratification of the applicant against peers at that unit/institution.



UNIT LETTERHEAD

DD Mmm YY

MEMORANDUM FOR TACP OFFICER PHASE I SELECTION BOARD

FROM: Lt. John A. Doe
1 ASOS
Anywhere AFB, CA 90210

SUBJECT: Volunteer for Hazardous Duty

1. I, (Insert Name Here), hereby apply to become a TACP Officer and volunteer to perform hazardous duties inherent to Tactical Air Control Party and Special Warfare operations. Specifically, I volunteer to control close air support missions as a Joint Terminal Attack Controller under any and all conditions, including hostile action against an armed enemy in accordance with AFI13-113V1, *Tactical Air Control Party Training Program*. I acknowledge that I can be removed from further assessment for any of the following reasons: 1) quitting through words or actions, 2) becoming a medical or safety risk, 3) committing an integrity violation such as lying, cheating, or stealing, or 4) failing to meet specified fitness standards. I further acknowledge that upon graduation of training, I will incur a six-year (6) active duty service commitment in accordance with AFI36-2107, *Active Duty Service Commitments*, Rule 25, Note 16. To the best of my knowledge, the information contained in this application is true.

(signature required)
JOHN A. DOE, Lt, USAF
Duty Title

ANNEX B

TACP Officer Phase I Physical Ability and Stamina Test (PAST) Criteria

The purpose of the PAST is to assess a candidate's current physical condition for potential entry into TACP Officer training. For Phase I applications, the candidate must complete five events: three (3) mile run, pull-ups, sit-ups, push-ups, and a 500 meter surface swim. You must complete the events to the best of your ability and have them documented by a certified fitness assessment administrator or supervisor. Test scores will be reviewed and used as a discriminator when selecting applicants to attend Phase II. Test administrators must conduct this test *in the order and time limits* listed below. Record PAST results on the PAST worksheet. Test administrators (PTL in absence of functional personnel) will sign, have commanders/superintendents endorse test results, and provide a copy to the member.

The PAST requirements are designed to test for a minimum fitness level for entry into the 19ZXB TACP Officer training pipeline. Although you are not required to "pass" the test for Phase I, you **MUST** pass the test on Day 1 of TOPT or be subject to immediate dismissal. **APPROXIMATELY 40% OF OUR ATTRITION OCCURS ON DAY 1 FOR PAST FAILURES!**

NOTE: Exercise form is strictly enforced during the PAST and in the training pipeline. Repetitions done without proper form will not be counted and could be the difference between pass and fail.

Calisthenics (All): Conducted as the first phase of the test. Three calisthenics exercises are evaluated, each with specific time parameters and specific exercise form mechanics. All members will exercise to either muscle failure or time completion, whichever occurs first. The intent is to have members do as many "good form" repetitions in the time allotted or when muscle failure is reached. Allow a 2-minute rest between each calisthenics exercise.

Pull-ups: 12 (1 minute)

Form: Pull-ups are a two part exercise. Starting position is hanging from a bar, palms facing away from the candidate with no bend in elbows ("dead-hang"). Hand spread is approximately shoulder width apart. Count one; pull the body up until the chin is over the bar. Count two; return to starting position. Legs are allowed to bend, but must not be kicked or manipulated to aid upward movement. If the candidate falls off or releases from the bar, the exercise is terminated.

2-minute rest

Sit-ups: 75 (2 minutes)

Form: Sit-ups are a two-count exercise. Starting position is back flat on the surface, fingers interlocked behind the head, head off the surface, and knees bent at approximately a 90-degree angle. Another individual may hold the individual's feet during the exercise or be placed under a "toe-hold" bar. Count one; sit up so that the back is vertical to the surface. Count two; return to the starting position. The exercise is continuous. If the member stops, the exercise is terminated. If the member's buttocks rise from the surface or his fingers are not interlocked behind their head during the repetition, the repetition is not counted. There is no authorized rest position.

2-minute rest

Push-ups: 64 (2 minutes)

Form: Push-ups are a two-count exercise. Starting position is hands, approximately shoulder width apart, arms, back, and legs must remain locked straight. Count one; lower the chest until the elbows are bent at a 90-degree or lower angle. Count two; return to the starting position. The only authorized rest position is the starting position. If the knees touch the ground the exercise is terminated. The member will not raise his buttocks in the air, sag their

Middle (torso) to the surface, or raise any hand or foot from their starting position. If a hand or foot is raised, the exercise is terminated.

2-minute rest

3-mile run: 22:00

Form: Physical training (PT) clothes and good running shoes are the only required items. The run must be conducted on an accurately measured course, preferably a running track.

30-minute rest

25-meter underwater swim

2 x 25 Meter Underwater Swim: This exercise is two-3 minute cycles consisting of an underwater swim and surface swim back to the starting point. Swim-wear appropriate for exercise, goggles, and a swim cap are the only authorized items a candidate may wear while conducting this event (no fins, snorkels, watches, or other devices). Candidate will take a breath, submerge, push off the pool wall and swim 25 meters underwater. Candidate will then surface swim, any stroke, to the starting point. The second underwater cycle starts at the end of the first 3 minute period. Complete the second cycle as listed above. If candidate breaks the water's surface during any portion of the underwater swim, the component will be completed but considered a failure of this event.

500-meter swim: 12:30 Applicants are required to attempt this event. Form: Any stroke or combination of strokes may be used. The swimmer begins in the water, touching or holding on to the side of the pool with one hand. Candidates may push off the wall with their feet and use any technique for turns. 25-meter or 50-meter pools may be used for this event. Swim-wear appropriate for exercise, goggles, and a swim cap are the only authorized items a candidate may wear while conducting this event (no fins, snorkels, watches, or other devices). Resting does not disqualify the candidate, but the candidates must remain in the water for the duration of this even. Time is kept continuously from start until the completion of 500 meters. If the candidate is unable to complete 500m, provide an estimate of the distance completed and elapsed time at the termination of the event.